

Auckland Branch Newsletter

Dietitians New Zealand

September 2017



Dietitians NZ

Ngā Pukenga Kai Ora o Aotearoa



Presidents Report

Tuesday 19th September is Dietitian's day. The theme this year is '#Proud to be a Dietitian'. There are many reasons to be proud to be a dietitian and this is highlighted by the range of areas we work in. I think we can all be proud that no matter what area of dietetics you work in you are contributing to improving the health of New Zealanders.

The Media SIG has put a lot of work into developing tools to promote Dietitians Day. These can be found on the Dietitians NZ website and are free to use.

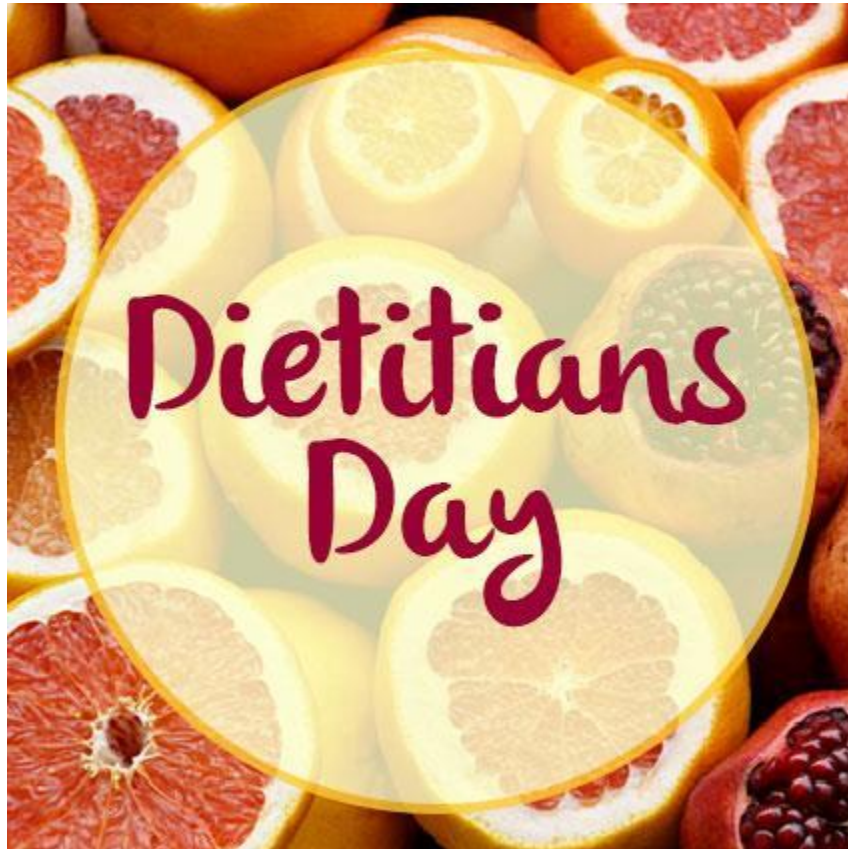
To celebrate the Auckland Branch is organising a celebration and professional development evening to be held at the Heart Foundation. It will be a great evening to celebrate all the hard work dietitians do and talk about the 1 thing we all love and inspired most people to become dietitians in the first place – food!!

- Tracy Coote

This Month's Issue

- President Report
- Dietitian's Day PD flyer
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SEPTEMBER 19TH

LET'S TALK ABOUT FOOD

Presentations from My Food Bag recipe developers

Nadia Lim, Melody Park, Bella Piper-Jarrett, Polly Brodie

A talk on Food Sustainability

Emily King, Food Systems Expert, Spira

Nibbles and refreshments including wine from 5pm
Presentations start at 6pm

Payments in advance can be made to 12-3165-0080372-01, with your name and Sept PD as reference

Or please pay by cash on the day



**JOIN US THIS
DIETITIANS DAY
TUESDAY 19TH
SEPTEMBER**

**WHERE:
HEART FOUNDATION,
9 KALMIA ST,
ELLERSLIE**

**RSVP:
AUCKLAND@DIETITIANS.ORG.NZ
BY FRIDAY 15TH SEPT**

**\$5 FOR MEMBERS
\$25 NON-MEMBERS
INCLUDES GLASS WINE OR
NON-ALCOHOLIC BEVERAGE**

**LIMITED TO FIRST
50 RSVPS**

TAG US:

@DietitiansNZ

#ProudToBeADietitian
#ProudToSupportDietitians
#DietitiansDay
#DietitiansNZ2017



Meet a Member

Introducing... Julia Scott

What is your current role?

National Dietitian, Arvida Group

What is your favourite aspect of this role?

I love the autonomy and flexibility this role offers! It's fun getting to travel around the country to the different sites, and getting to do both clinical and foodservice dietetics is awesome.

Previous experience

Foodservice management at North Shore and Waitakere Hospitals.

Education

MSc Nutrition and Dietetics at Massey Uni.

What is your proudest career moment to date?

My thesis contributing to a paper that was published earlier this year which was featured on One News and the Herald.

Links:

<https://www.tvnz.co.nz/one-news/new-zealand/almost-one-quarter-elderly-people-in-new-zealand-malnourished-even-more-risk-study>

http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11863053

What advice would you give a new graduate?

Take up as many volunteer opportunities as you can!

Personal information (family, hobbies, interest)

Live with my husband, Ethan. We love hosting dinners, cycling, travelling, hanging out with family and friends.

What would other dietitians be surprised to know about you?

I used to do beauty pageants haha!

Two words that those who know you well would use to describe you

Overly organised.

If you would like to recommend a Dietitian for a future newsletter please contact

Peta Campion at

Auckland@dietitians.org.nz



Diary Dates

| Date | Title | Type | Location |
|---|---|------|---|
| Tuesday, 19 th September 2017 | Dietitian's Day, Let's Talk About Food! | PD | Heart Foundation, 9 Kalmia St, Ellerslie |



If this year you have:

- Published in a peer reviewed journal
- Been an invited speaker at a conference and it was published in a refereed conference proceeding
- Presented a free paper or poster and it was published in a refereed conference proceedings e.g. DNZ conference

...then we would like to know! Please send the reference to: Auckland@dietitians.org.nz in Vancouver style.

Committee Contacts

POSITION

NAME

E-MAIL: Auckland@dietitians.org.nz

President

Tracy Coote



Vice President

Nicola Hartley



Treasurer

Amy Popman



Public Relations

Peta Campion



PD Convenor

Olivia Sinclair



Secretary

Elize Van Drimmelen



General member 1

Melody Bevan



General member 2

Melanie Park



General member 3

Emma Baraclough



Committee Contacts Cont'

Your PD Committee

NAME

Lucy Dekker



Jeanette Rapson



Cordula Henggeler



Audrey Tay



Olivia Sinclair



Dietitians NZ Council Representative

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Please send all items for inclusion in the next newsletter
to Elize van Drimmelen
Email: Auckland@dietitians.org.nz



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